

# Barrowford Parish Meals on Wheels Menu

**Week starting Monday 13<sup>th</sup> April 2020**

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<b>Monday, 13th</b>	Steak & Mushroom Stew with <a href="#"><u>Colcannon Mash</u></a>
	Desert Jam Sponge & Custard
<b>Tuesday, 14th</b>	Homemade Pork & Apple Sausage Roll with Salad & Chutney
	Desert Chocolate Sponge & Custard
<b>Wednesday, 15th</b>	Sheppard's Pie with Red Cabbage
	Desert Apple Crumble & Custard
<b>Thursday, 16th</b>	Fish Pie with Garden Peas
	Desert Bread & Butter Pudding
<b>Friday, 17th</b>	Mushroom, Spinach & Cheddar Cheese Wellington
	Desert Raspberry Cheesecake

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***Vegetarian options are available but will need to be ordered the previous day or before.***

**Important!**

***Anyone with allergies please notify us on ordering your meal. We cannot 100% guarantee that there is no trace of allergens in the food.***

# Barrowford Parish Meals on Wheels Menu

**Week starting Monday 20<sup>th</sup> April 2020**

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<b>Monday, 20th</b>	Meat & Potato Pie with a Shortcrust Pastry Lid, Mushy Peas and Gravy
	Desert Bread & Butter Pudding
<b>Tuesday, 21st</b>	Beef Lasagne with Garlic Bread
	Desert Chocolate Sponge & Custard
<b>Wednesday, 22nd</b>	Chicken with a Creamy Mushroom Sauce, New Potatoes and Broccoli
	Desert Jam Sponge & Custard
<b>Thursday, 23rd</b>	Cheese and Tomato Quiche with Salad and New Potatoes
	Desert Raspberry Cheesecake
<b>Friday, 24th</b>	Salmon & Leek Fish Cakes with Tartar Sauce and Salad
	Desert Apple Crumble & Custard

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